







## Moeller Whip 'N Stop

The "Moeller Technique" simply invokes the whip stroke. The arm whips the hand and stick instead of the wrist acting as the prime motivator. This whipped downstroke approach alleviates tension in the wrist when there is little time to perform an upstroke before an accent

♩ = 70

R L L L R R R L L L L R R L L L L R R R R L L L R R R R L L R R R

## Moeller Whip 'N Flop

In this exercise we again use the whip stroke generated by the arm instead of the wrist, but now we flow out of it without stopping the stick. This technique has its own musical feel and is great for high speed accent patterns where the wrists would normally tighten up

♩ = 110

R R R R--> L L L-->

R L R L--> L R L R-->

# Who Loves TMEA

Here is an etude featuring all of the skill sets/hand motions discussed in this packet

♩ = 108

The musical score consists of six systems of drum notation, each with a treble clef and a common time signature. The notation includes various rhythmic patterns, dynamics, and articulation marks. The first system starts with a tempo marking of ♩ = 108. The first system has a dynamic of *f* and includes patterns like R L R L and RLRLRL. The second system has dynamics of *fp*, *p*, and *f*, with patterns like RL--> and R L. The third system has a dynamic of *mf* and includes patterns like R L RL--> and RLRL. The fourth system has a dynamic of *mf* and includes patterns like RL--> and R R R R R L L L L L. The fifth system has dynamics of *fp* and *f*, with patterns like RLRL and R L R L L R L. The sixth system has dynamics of *fp* and *p*, with patterns like RLRL and RLRLRLRLRLRL.